



Lifespan Calendar

Lifespan works with people in difficult situations: and one thing we've learned is that everyone has their own recipe for life. This year, we've persuaded some people to share their own "recipes for life" which have helped them through very trying times. Each recipe is different, but all are uplifting and positive. We're creating an inspirational calendar for 2010 from these very different views, accompanied by thoughtful photographs from Shona Branigan.

Numbers are limited so we advise you to order quickly to make sure you don't miss out. We'll even post it direct with your message enclosed, saving you time and trouble. The calendar is on sale for £6.00 plus £2.00 P&P (UK only), direct from Lifespan or can be ordered at bookshops or online book retailers. Please note that all the money goes to Lifespan when you order direct and pay by cheque or BACS, rather than using Paypal or other retailers.

ISBN 978-1-904499-336.

All money raised by the sale of the calendars will help fund Lifespan's work with people affected by life threatening illnesses. For more information on our work, visit our website www.lifespanteam.org.uk.

To order calendars to be posted direct to friends and family, just complete the form and post with a cheque to Lifespan, Minsteracres, Consett, DH8 9RT. If you need more room for addresses, just put them on a separate page. For multiple calendars to one address, or any queries please [email us](mailto:info@lifespanteam.org.uk) or telephone 01434 673777.

Further copies of this calendar may be obtained from:

Lifespan
 Lifespan
 Minsteracres
 County Durham
 DH8 9RT
 Tel: 01434 673777
 Email: info@lifespanteam.org.uk
www.lifespanteam.org.uk
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 We would like to acknowledge support from:
 Reflectors Hair & Beauty Salons Corbridge 01434 633011 and Hesham 01434 607710
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